Less Than Full Time Training and Progress Plus

RCPCH Progress+
Our training programme structure changes
August 2023

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The LTFT ST4 trainee

- ST4 trainee working at 60% who started ST4 in September 2022 or March 2023
    - Will have completed either 7.2 months or 3.6 months WTE ST4 when Progress+ comes in
    - These trainees will not have had time to achieve core competencies
    - Trainee remains in core training as an ST4 from September 2023
    - Advise early discussion with ES/TPD to plan progression point to Specialty training

- ST4 trainee working at 60% who started ST4 in March 2022
    - Trainee will have completed 10.8 months WTE ST4 when Progress+ comes in
    - Trainee is likely to remain in core training as an ST4 from September 2023
    - If trainee has achieved core competencies and passed MRCPCH Clinical could progress to Specialty Training in September 2023
    - Advise early discussion with ES/TPD to plan progression point to Specialty training

- ST4 trainee working at 80% who started ST4 in September 2022
    - Trainee will have completed 9.6 months WTE ST4 when Progress+ comes in
    - Trainee is likely to remain in core training as an ST4 from September 2023
    - If trainee has achieved core competencies and passed MRCPCH Clinical could progress to Specialty Training in September 2023
    - Advise early discussion with ES/TPD to plan progression point to Specialty training

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The ST7 LTFT trainee

- Has been a higher trainee on PROGRESS curriculum since starting ST6 in September 2020
- Due to move to ST8 in September 2023
- Will be working at 70%, provisional CCT date March 2025
- Guidance says “Can stay on PROGRESS curriculum until 15th September 2024”
- What does this mean for this trainee?

OPTION 1: move to PROGRESS+ curriculum for remaining 1.5 years of training (18 months of ST8). Remember that PROGRESS + is a change of emphasis rather than significant new content. None of the learning acquired to date will be lost and all capabilities will be carried over and mapped to PROGRESS +

OPTION 2: after discussion with supervisor remain on PROGRESS curriculum and return to full-time training or fast-track to CCT in September 2024

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The LTFT trainee with a winter ARCP

- ST5 trainee working at 60% who started ST5 in March 2023 following a winter ARCP
- Due to have next ARCP in winter 2024
- Will have completed 12 + 3.6 = 15.6 WTE months of core training when Progress+ comes in Sept 2023
- This trainee could have achieved their core competencies and be ready to progress to Specialty Training (ST5) in Sept 2023
- Please discuss this with ES/TPD early to enable an additional summer 2023 ARCP, otherwise can wait to move to Specialty Training (ST5) in winter 2024

A number of trainees (not just LTFT trainees) have winter ARCPs

We are aware that the RCPCH examples only reference summer ARCPs by talking about trainees "finishing" ST levels in Summer 2023

Can move Progress+ training levels from Winter 2024 ARCP onwards

We advise those with a winter ARCP to discuss their individual circumstances with their ES/TPD

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