

The RCPCH have a full section and document about how this will affect each training grade (see LSP website for all links). I have summarised their key messages below based on a Full Time Trainee.

Trainee finishing ST1 in Summer 2023

- More into core training as ST2
- Indicative CCT Date 2029
- Should pass all written parts of MRCPCH by end of ST3
- Should pass full clinical by end of ST4
- Transition to middle grade working during ST3

Trainee finishing ST2 in Summer 2023

- More into core training as ST3
- Onto the new 7year training programme
- Indicative CCT Date 2028
- Should pass all written parts of MRCPCH by end of ST3
- Should pass full clinical by end of ST4
- Transition to middle grade working during ST3

Trainee finishing ST3 in Summer 2023

- Move into core training as ST4
- Onto the new 7year training programme
- Indicative CCT date 2027
- Should have passed all written parts of MRCPCH by end ST3
- Should pass full clinical by end ST4
- Will be on middle grade rota in ST4
- Look for opportunities for supported middle grade experience in ST3
- early discussions with your educational supervisor and TPD about your career plans and to explore choices of subspecialty training if appropriate at an early stage. You will be able to apply for subspecialty training in Autumn 2023 for a 2024 start. Also consider OOP

Trainee finishing ST5 in Summer 2023

- Move in to Specialty Training
 - General Paediatrics
 - OR
 - Sub-specialty training (thus applying in 2022)
- Indicative CCT date 2026
- May be able to apply to move between Sub-Specialty/General Paediatric training during the first year in Specialty Training.

Trainee finishing ST6 in Summer 2023

- Continue training as Specialist Trainee in
 - General Paediatrics
 - OR
 - Sub-specialty training
- Indicative CCT date 2025

Trainee finishing ST8 in Summer 2023

- Will CCT before implementation of Progress+

Trainee finishing ST4 in Summer 2023

- Must have passed MRCPCH clinical by end ST4 (summer 2023)
- Will already have been on middle grade rota for a year

These trainees have a choice of path and therefore early discussion with supervisor/TPDs is essential.

Either

- Remain in core training
- Indicative CCT date 2027
- Move into subspecialty training in August/Sept 2024

OR

- Move straight in Specialty Training
 - General Paediatrics
 - OR
 - Sub-specialty training (applying 2022/23 round)
- Indicative CCT date 2026
- If considering subspecialty training you can apply in Autumn 2022 whilst an ST4 for a 2023 start

OR

- Consider an OOP opportunity

Why remain in Core Training?

- Additional experience prior to Specialty Training
- Increase preparation and application opportunities for Sub-Specialty Training
- If level 2 capabilities have not been met

Why move straight to Specialty Training?

- Completed all level 2 capabilities
- Ready to progress
- Appointed to sub-specialty training in 2022/23 recruitment

NB – outcomes of sub-specialty applications will be released BEFORE these trainees have to formally decide if they want to remain in core or move to Specialty Training

Trainee finishing ST7 in Summer 2023

- Continue training in
 - General Paediatrics
 - OR
 - Sub-specialty training
- Indicative CCT date 2024
- Trainees who are in or starting ST8 in 2023 have the option of remaining on Progress until 15th September 2024.

KEY RESOURCES:

- Check out more info on the LSP Website: <https://londonpaediatrics.co.uk/shape-of-training/>
- How will Progress + affect you? <https://www.rcpch.ac.uk/resources/progressplus-and-me>
- FAQs: <https://www.rcpch.ac.uk/resources/progressplus-faqs>
- I have an unanswered question. Who can I contact? progressplus@rcpch.ac.uk

