

LONDON SCHOOL OF PAEDIATRICS PRESENTS

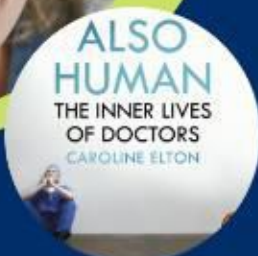
SURVIVING & THRIVING

PAEDIATRICS 2021



Keynote Speaker:
Caroline Elton

Occupational Psychologist, specialising in support of doctors and
Author of best-selling book Also Human



**BREATH: THE NEW SCIENCE
OF A LOST ART**

Ciara Jean Roberts

Founder of Wholly Aligned, Nutritionist,
Yoga Instructor and newly appointed
Trustee for The British Association for
Holistic Medicine & Healthcare



DRAWING ON OUR FEELINGS

Dr Heidi Edmundson

Emergency Medicine Consultant with a
passion for staff wellbeing



CHILD BEREAVEMENT

Dr Su Laurent

General Paediatric Consultant and Medical
Education Advisor for Child Bereavement UK



MENTAL HEALTH

Dr Claire Gallagher

GP & Cognitive Behavioural Therapist at
NHS Practitioner Health

28th January 2021

10am - 4pm

[TINYURL.COM/SURVIVETHRIVE2021](https://tinyurl.com/survivethrive2021)



**London
School of
Paediatrics**