

LONDON SCHOOL OF PAEDIATRICS & THE WORKWELL DOCTORS PRESENT

THE PAEDIATRIC WORKWELL SERIES:

DIGITAL WELLBEING

WITH SO MUCH OF OUR TIME
BEING SPENT AT SCREENS,
IT IS IMPORTANT THAT WE
ARE MINDFUL OF THE ROLE
OF TECHNOLOGY IN OUR
LIVES.

THE WORKWELL DOCTORS
WILL HELP YOU TO BE
CONSCIOUS OF HOW YOU
BALANCE THE USE OF
TECHNOLOGY IN YOUR BUSY
LIVES.

Join us for a **FREE** evening
talk from
The WorkWell Doctors on
Digital Wellbeing

15TH DECEMBER 2020

7pm

Tickets:

tinyurl.com/lspdigitalwellbeing

