



Thinking Together

A collaboration between
Paediatricians & Psychiatrists

Thinking Together is a scheme that links Paediatric and CAMHS trainees together to share clinical encounters and foster a collaborative way of learning and working together.

The scheme was piloted in March 2016 with 30 trainees matched across London and feedback was very positive. Since then there has been a wider roll out to four other centres across the UK. Now the scheme is going to take a more structured approach and we are really excited about this next phase.

Trainees will be paired up for a year, starting from October 9th 2019 and will be expected to participate/ host one relevant clinical activity per month, such as:

- Sitting in one another's clinics.
- Attending referral meetings.
- Shadowing visits.
- Signposting partner to relevant clinics/ teaching sessions/ learning opportunities.

As part of the programme participants are invited to attend four morning workshops throughout the year as an opportunity to reflect on lessons learnt and receive teaching on relevant paediatric mental health topics.

Trainees who would like to join the programme from October 2019 are required to complete the application form below by 15th September.

Goals of Thinking Together:

To improve skills in managing CYPs mental and physical health.

To improve collaborative working between CAMHS and paediatrics.

To provide better patient care.



Who can apply?

Paediatric trainees ST4+ and Psychiatry trainees ST4+ or on CAMHS run through training.



What is involved?

Attend launch event 9th October 2019 and meet partner.

Clinical activity exchange once per month.

Workshops to reflect and discuss relevant topics.

Show case event September 2019.



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Application Form

Name:

Training level:

Role (Paediatric/ Psychiatry Trainee):

Subspecialty (if applicable):

Which hospital/ trust(s) will you be working at from September 2019-September 2020 and what posts will you be working in during this time?

Why do you think Thinking Together is important?
(Max 100 words)

What do you hope to gain from participating in this programme? (Max 100 words)

Please email your completed application to thinking2getherteam@gmail.com by 15th September 2019.

DATES FOR THE DIARY

Wednesday 9th October - Launch event - opportunity to meet your partner and hear more about the programme - 6.30 - 8.30pm.

Wednesday 11th December - 1st workshop 9am - 12.30pm.

Friday 20th March - 2nd workshop 9am - 12.30pm.

Wednesday 17th June - 3rd workshop 9am - 12.30pm.

Friday 18th September - Final workshop and sign-off showcase event 9am - 12.30pm.



