

Health Promotion and Illness Prevention workshops for London and KSS Paediatric trainees

“Paediatricians today have the opportunity to play a much more significant role in shaping the health of future generations by broadening the scope of their specialist practice. This requires paying regard to not just treating the illness which is presented, but being involved in prevention and working within the wider community. When paediatricians are enabled to focus on preventing illness as well as treating it, then they will be able to make a truly positive impact on the health and wellbeing of the children they care for and the local communities they serve.”

*Dr Sarah Birks, Head of School of Paediatrics
Health Education England for
Kent, Surrey and Sussex*

London and KSS paediatric trainees are invited to a 3-session training programme to enhance their knowledge and skills in the field of Health Promotion and Illness Prevention, identified by the RCPCH Progress curriculum as Domain 5.

You will join a 3-session interactive journey of development with an opportunity to shape individual health promotion and illness prevention projects. The 3 interlinking 90 minute sessions will offer advice, highlight case studies and explore examples of good practice to assist trainees to progress their own projects through levels 1, 2, and 3 of the paediatric specialist training.

The workshops will give you the opportunity to:

- Create learning opportunities from your day-to-day work: explore, develop and undertake practice-based Health Promotion and Illness Prevention projects.
- Reflect with colleagues: share information on work-based learning opportunities.
- Be guided by experts in public health and receive practical advice to further develop existing work-placed projects.
- Develop the evidence to demonstrate Domain 5 competencies.

Who should attend?

- If you are a London and KSS paediatric trainee undertaking your rotation at Level 1, 2 or 3, please sign up.
- Previous Health Promotion and Illness Prevention work experience is not essential.

The 3 sessions are spaced a month apart to give participants the time and opportunity between sessions to reflect and try out some of the different practices discussed.

Sessions are facilitated by experienced Consultants in Public Health.
All workshops will be held remotely via Microsoft Teams.

A web-based Paediatric Toolkit will be utilised as a supportive resource – a guide to support embedding good public health principles in the everyday clinical practice of paediatricians.

Guidance will be offered across key areas of practice – trainees will be encouraged to move between each area dependant on their learning needs, prior experience and areas of interest.

Introduction to health and care system wide changes – essential for developing competent paediatricians.

Dates: You can pick which programme is appropriate for you and register via Eventbrite by using the following links. Please ensure you can attend all three dates of the programme before booking. If you need any help with booking please contact

AcademyofPublicHealthLondonTraining@Barnet.gov.uk

<p><u>Health Promotion & Illness Prevention Level 1 Paediatric Trainees Workshops</u></p>	<p>10-11.30am Monday 1st November 2021 Monday 29th November 2021 & Thursday 27th January 2022</p>
<p><u>Health Promotion & Illness Prevention Level 1 Paediatric Trainees Workshops</u></p>	<p>1.30-3pm Monday 13th December 2021 Thursday 13th January 2022 Wednesday 16th February 2022</p>
<p><u>Health Promotion & Illness Prevention Level 2 &3 Paediatric Trainees Workshops</u></p>	<p>1.30-3pm Monday 1st November 2021 Monday 29th November 2021 & Thursday 27th January 2022</p>
<p><u>Health Promotion & Illness Prevention Level 2 &3 Paediatric Trainees Workshops</u></p>	<p>10-11.30am Monday 13th December 2021 Thursday 13th January 2022 Wednesday 16th February 2022</p>

“Health Promotion and Illness Prevention is key for everything. It is key for getting things right to keep children out of hospital. It is key for getting things right for stopping them staying in [hospital] too long, when they need to come in. And it means that we can use the limited number of beds we’ve got more effectively.”

*Dr Ravi Jayaram, Consultant Paediatrician
Countess of Chester Hospital*

RCPCH Progress Curriculum Levels 1, 2, 3 for Domain 5

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Level 1

Advises on and promotes healthy behaviour from early years to adulthood

Key capabilities:

- Understands the factors which contribute to child health inequalities and the consequences of those inequalities in terms of disability, life expectancy and health economics.
- Understands the effects of the environment, economic and cultural contexts of health and healthcare on illness prevention.
- Understands the factors involved in global health.



Level 2

Considers the potential impact of cultural, social, religious and economic factors on child and family health.

- Interacts effectively with children, young people and their families from a broad range of socioeconomic and cultural backgrounds, including via translators and interpreters where required.
- Applies knowledge of how cultural, social, religious, environmental and economic factors impact child and family health.
- Applies knowledge of the health system to promote child physical and mental health and disease prevention.



Level 3

Demonstrates leadership in the promotion of health and well-being practices in the wider community.

- Demonstrates understanding of the systems that enable clinicians to analyse data relating to the patients under their care.
- Applies health information data to a wider community, whether this be regional, national or international.
- Evaluates the way that patients and families use the health system and adapts practice to encourage self-management and early intervention.